



What do your teeth say about you?



We all know that tell-tale fine lines, wrinkles and dark circles under our eyes can speak volumes about our age, sun-bathing habits and what we may have been up to the night before! But just like your skin, your teeth may be giving away more about you than you'd like, too. What are yours saying?

I'm ten years older than I claim to be!

Over time our teeth tend to become worn down and discoloured and gums may start to recede. While these things may be common, they can add unwanted years to your appearance and are easily rectified using non-invasive techniques such as tooth whitening. In addition, having beautiful porcelain veneers fitted can help restore a youthful smile.

I'm an ex-smoker

Smoking takes its toll on the appearance of our teeth and, even if you've given up, you may still be left with yellow discolouration that spills the beans on old habits. Red wine and caffeine leave their mark, too. If old crowns stand out against stained teeth, updating them with new, better-matched crowns will help recapture the natural beauty of your teeth.

I neglected my teeth when I was younger

Always maintained you're too busy to floss? Gum disease can ravage gums, eventually causing teeth to become loose and, in the worse case scenario, fall out

completely. Our experienced team use natural-looking dental implants and soft tissue treatments with great success to recreate smiles brimming with vitality and health.

At the internationally renowned Windsor Centre for Advanced Dentistry, we believe in a comprehensive approach to restorative and cosmetic dentistry. With extensive experience and expertise we provide our patients with an end-to-end range of personalised care and services carried out in a relaxed and friendly manner. 'Our goal is to not only restore the health and optimum function of your teeth and gums but also to achieve a lasting healthy and attractive smile,' explains practice principal Dr Tidu Mankoo. 'As a practice we share the same philosophy and commitment to exceptional dental care.'

Using the latest techniques, this is life-changing dentistry, as their patients testify. 'My teeth are now better than when I was in my twenties,' said Sue, 50, after having rejuvenating porcelain veneers fitted. 'It's had a huge impact on my self-confidence and motivation. I feel years younger! Definitely the best investment I have made since buying my house.'

**Windsor Centre for Advanced Dentistry
Dorset House, Dorset Road, Windsor,
Berkshire. SL4 3BA
Telephone: 01753 833755
www.advanceddentistry.co.uk**

'Definitely the best investment I have made since buying my house.'

